



La Santé

SPA MENU

GENTLE FACIAL

Nourishing Detox Facial

A Nourishing Detox Facial that commences with deep cleansing of the back, Lymphatic facial massage and a green clay masque benefits for all skin types.

RM 380

75 Mins

Purifying Facial

A Cleansing and balancing facial treatment suitable for combination and oily skin.

RM 330

50 Mins

Pearl Gold Radiant Facial

The gentle exfoliating properties of the enzymatic masque encourages skin renewal and leaves the skin soft and revived with a bright, fresh feeling.

RM 330

50 Mins

PAMPERING MASSAGE

La Santé Signature

A unique combination of Swedish and Shiatsu massages to provide deep tissue and muscle tension relief. It helps to improve one's circulation and energy level in complete harmony.

RM 460

75 Mins

Swedish

An aromatherapy relaxing massage that adopts smooth, gliding strokes and kneading to promote complete body relaxation and rejuvenation.

RM 320 / 425

50 / 75 Mins

THERAPEUTIC MASSAGE

Stress Relief

A relaxing massage enhanced to relieve deep tissue and muscle tension and to revive one's energy level.

RM 320

50 Mins

Herbal Poultice

Hot herbal compress provides a soothing and calming effect to muscle tension. As the herbal compress is pressed repeatedly onto the skin naturally occurring essential oils are released and readily penetrate into the skin thus helping to relax tense muscles and assist in improving circulation.

RM 490

75 Mins

Head, Neck & Shoulders

Take away the built up stress, stiffness and tension from your Head, neck and shoulders. This focused pressure massage will restore comfort to these typically tense parts.

RM 165 / 295

20 / 50 Mins

Foot Reflexology

The Practice of applying pressure to the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.

RM 165 / 295

20 / 50 Mins

BODY EXFOLIATION

Ginger Salt Scrub

Vibrantly fresh ginger salt scrub with lime, ginger and lemongrass is everyone's spa favorite to awaken and energise the skin leaving it refined and lightly moisturised. Perfect for spongy or orange peel skin.

RM 350

50 Mins

Rose Salt Scrub

Deliciously enriching super gentle Rose Salt Scrub now with Himalayan mineral salt and damask rose. Leaves the skin fragrantly refreshed and renewed.

RM 350
50 Mins

Juniper Salt Scrub

Juniper Salt Scrub is the perfect detox experience. Tones and revitalises the skin leaving it refined and lightly moisturised.

RM 350
50 Mins

WELLNESS BODY EXFOLIATION

Soap Brush

A signature body exfoliation treatment performed on the heated and automated Aquaveda bed, enhancing body circulation, skin vitality and glow.

RM 350
50 Mins

THERAPEUTIC BODY WRAP

Algae Marine Mask

Micronised marine algae and marine muds are especially rich in calcium, magnesium, trace elements and other micro nutrients which result from the high mineral of sea water. Studies demonstrate the detoxification powers of marine muds. Well known in thalassotherapy to soothe general aches and pains, activate circulation and sluggish metabolism and for general well-being.

RM 350
50 Mins

Body Tone Marine Mask

The combination of Fucus brown algae from Finistere widely used in thalassotherapy care, Lithothamnium a red fragile seaweed from the Breton coasts containing numerous marine and trace elements and Laminaria a brown seaweed from Brittany increase the slimming action during treatment. Laminaria provides iodine needed for the regulation process whilst Fucus and Lithothamnium assist to increase elimination & cleansing.

RM 350
50 Mins

Decorative floral elements in the bottom left corner, including a purple lily-like flower and a golden Monstera leaf.

WELLNESS ANTIDOTE

Herbal Bath

A European heated chamber infused with the choice of herbs of Rosemary, Chamomile and Lavender.

RM 130

20 Mins

BATH

Natrose Aroma

A luxurious abundance of lush rosy bubbles will leave your skin feeling cleansed, calm and relaxed.

RM 150

20 Mins

Fragrance Free

Fragrance free bubble bath is gentle for even the most sensitive skin.

RM 150

20 Mins

THERAPEUTIC BODY MUD

Healing Earth

A relaxing and purifying mud that deep cleanse the skin and assist to combat rheumatism or joint problems.

RM 195

20 Mins

Rock Oil Fango

A therapeutic mud for rheumatism, gout, phlebitis and muscle tension as it activates microcirculation and the lymphatic system to promote detoxification.

RM 195

20 Mins

Dead Sea Mud

Pure dead sea mud enriched with minerals and trace elements to relieve tensed muscles, tired and painful joints.

RM 195

20 Mins
