

Health, Wellness & Modern Green Living

organic spa

MAGAZINE

Gourmet Food & Travel

**TOP 10
ORGANIC SPA
AWARDS**

Costa Rica

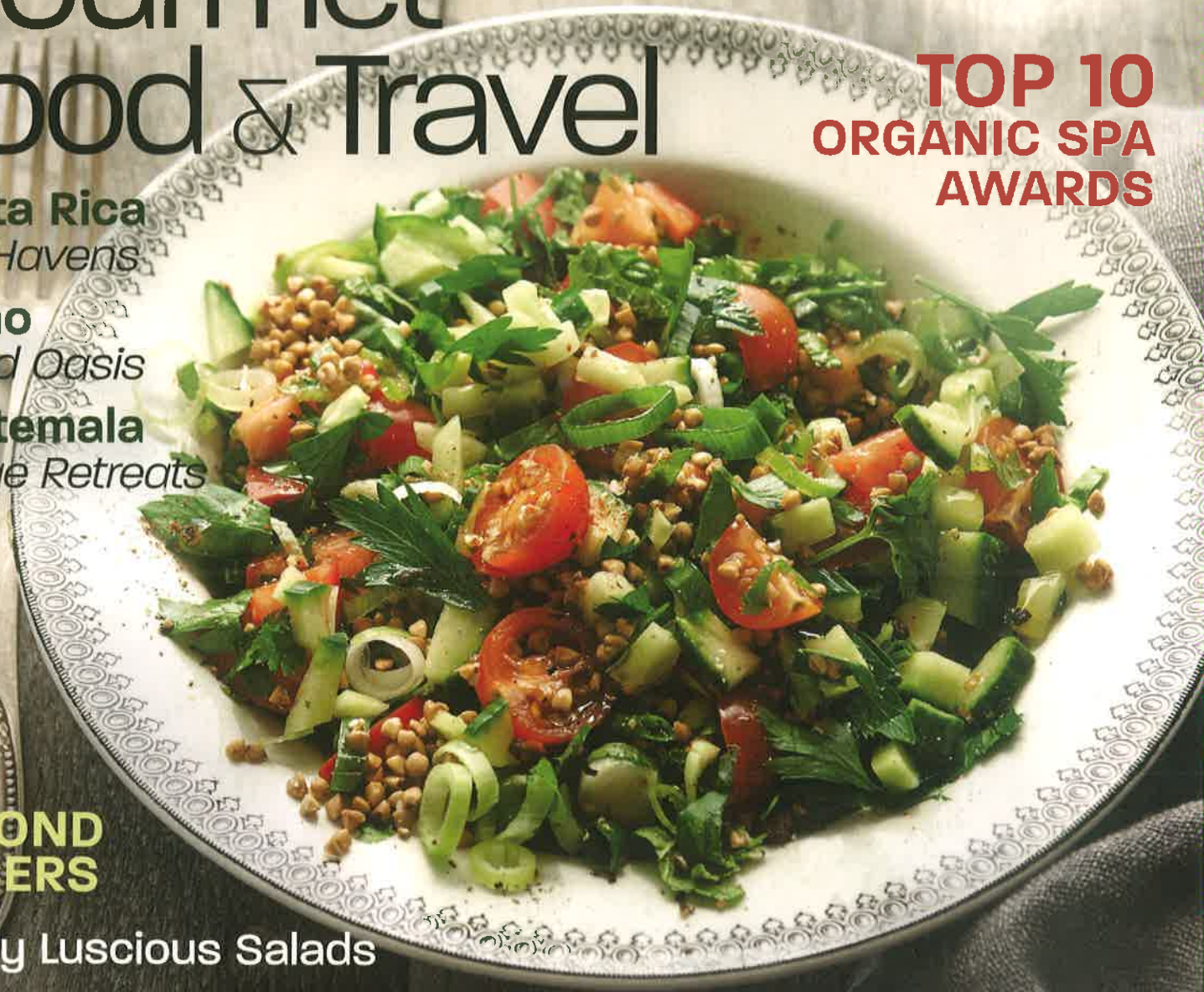
Eco Havens

Tofino

Island Oasis

Guatemala

Village Retreats



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2015
TOP 10
ORGANIC SPA
AWARDS

Organic spas around the world are embracing a standard of wellness and wellbeing that is becoming more integrative and holistic, with great attention focused even on the smallest details. The top spas we have chosen this year are honored for their sustainability initiatives, passion for organic and local ingredients in therapeutic spa treatments and cuisine, and commitment to immersive organic spa and wellness programs that lead the industry.

—*The Editors*

THE CHEDI CLUB AT TANAH GAJAH

Bali

Located in the middle of lush rice paddies just outside of Ubud (Bali's arts, culture and wellness hub), this former private residence-turned-intimate resort treats guests to lots of perks, from complimentary mini-bars and rides to/from town to—for those staying in one of the three Spa Pool Villas—two 90-minute massages per day included in your rate. (These can be performed in the Spa Pool Villas' private treatment room or in the main spa, which overlooks the palm-ringed rice fields.) The main spa menu of a la carte services and longer rituals draws from Balinese, Tibetan, Ayurvedic and pan-Asian influences and techniques, and harnesses the power of ingredients like wild-grown essential oils, Himalayan pink salt, wild poppy essence and seaweed. Yoga and meditation sessions are also available. ghmhotels.com



BLACKBERRY FARM

Tennessee

Nestled in the Great Smoky Mountains near Knoxville, TN, the 4,000+-acre Blackberry Farm offers a perfectly calibrated balance of rustic and refined. The spa and wellness menu at Wellhouse Spa—with reclaimed wood, soothing decor and killer views—has been redesigned with new treatments inspired by the surrounding region, and offers an outdoor program that includes aerobic guided hikes, deep woods meditation, yoga and guided trail runs. Superb spa experiences, with botanical Naturopathica and Tata Harper brands, will help you unwind and get your glow on before you hit the juice bar.

Blackberry is a working farm that grows organic ingredients featured in its celebrated seasonal culinary menus—the result of a flawless choreography between the chef, baker, cheesemaker, chocolatier, sommelier and brewer (overseeing home-brewed small-batch beers), all served up with a heaping dollop of Southern hospitality. blackberryfarm.com



BEALL + THOMAS PHOTOGRAPHY

THE CHATEAU

Malaysia

You'll quickly forget that you are just 45 minutes from the center of bustling Kuala Lumpur at this organic spa and wellness retreat, set in the stunning Berjaya Hills area (3,000 feet above sea level, surrounded by 150-million-year-old tropical rainforests). The unique architecture of The Chateau was inspired by a 12th-century castle in Alsace, France.

Proving that eco-conscious doesn't have to mean "crunchy," The Chateau is five-star all the way, with international fine-dining restaurants and bars that serve organic food and wine, and rooms that are outfitted with organic bedding and VOYA amenities. The European-style spa offers an extensive list of wellness and beauty treatments, detox and weight loss regimes, and fitness and yoga activities. thechateau.com.my

