


theSun

TELLING IT AS IT IS

ON WEDNESDAY

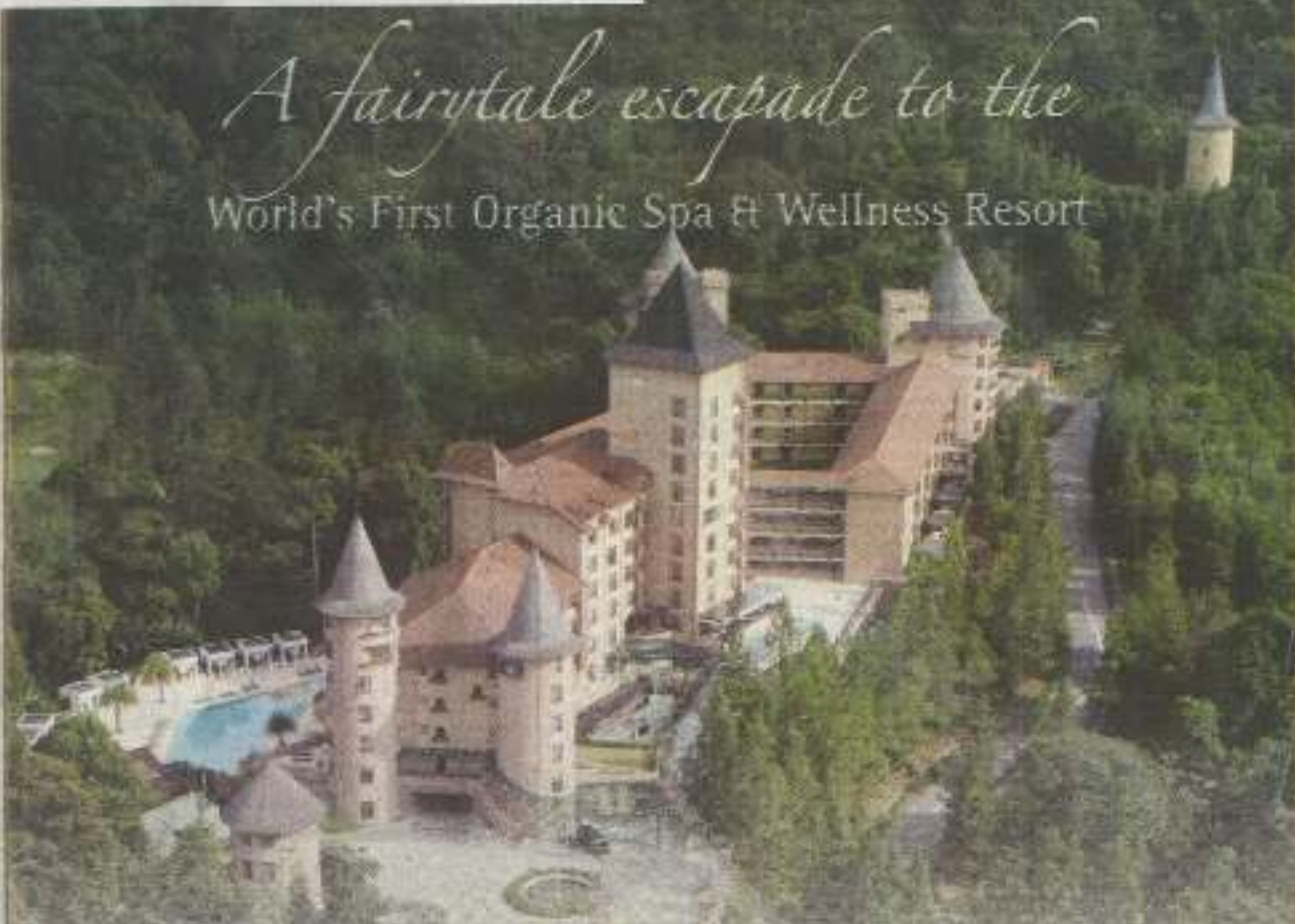
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The Chateau

THE CHATEAU SPA & ORGANIC WELLNESS RESORT

A fairytale escapade to the World's First Organic Spa & Wellness Resort



Suite



Laslette Fine Dining



Salt Castle



Herb Bath



Signature Bed



Salt Pool

The Chateau Spa & Organic Wellness Resort
Berpes Hills, KM48/Presimpangan Bertingkat Lebohaya Karak, 38750 Bukit Tinggi, Pahang, Malaysia

For reservations, please call (09) 221 3888

email: cr@thechateau.com.my * reservation@thechateau.com.my

www.thechateau.com.my

Five-star pampering

> The Chateau Spa and Organic Wellness Resort is the place to retreat to for some first-rate relaxation and restoration

PLANNING a weekend getaway but you're in a pinch for time? Well, no worries. Just head over to The Chateau Spa and Organic Wellness Resort of Bobbi Trigg and be treated to five-star-plus service.

The Chateau offers an array of pampering spa treatments to make sure you enjoy total relaxation and unwind from the bustle and bustle of city living.

Bathing essentials:

Take pleasure in a simply lovely relaxing bath at La Suite where you can treat your tired body in an environment of both nature tailored to help you rejuvenate.

La Suite will take you through a journey of entering in the ocean while submerged your body in a heating deep-cleaning bath of ocean sea salt seaweed.

The bath is designed to enhance blood circulation and detox the body through the stimulation of the lymphatic system.

For a cooling indulgence, opt for the Aromas Herb Infusion which is enveloped with a blend of organic essential oils like lavender, lime, clove, basil, mandarin and patchouli that can soothe your senses, enhance breathing and leave your skin feeling hydrated, soft and smooth.

For an uplifting experience, indulge in the Seaweed Peel Bath. This ancient traditional therapy involves exfoliating the body in a dark-colored relaxing bath to help soothe muscular aches and pains, and relieve stress and fatigue.

The infusion of organic blends of epoxy peppery ginger with cinnamon herb infused in the bath will rejuvenate the body, mind and soul.

Scratch away

La Suite also offers a range of body exfoliation treatments that instantly transform dull and dry skin, giving it a radiant and healthy glow.

Try the relaxing fragrant mint lavender herb, seaweed and sugar used in the Forward Sugar Glow treatment. It helps to gently remove dead skin cells, increase circulation and support skin maintenance.

To help treat tired and dull skin, the Buddha wrap Body Buff uses a soft-certified organic powder treated seaweed and oil scrub to protect the skin against cell damage, yet tone and stimulate it.

The refreshing Peppermint Sugar Glow helps invigorate the skin, while the Organic Sea Salt Glow exfoliates, removing dead skin and helping to stimulate blood and lymphatic flow.

Mud therapy

The Therapeutic Mud therapy is a deep-cleaning treatment that not only helps exfoliate the skin but also offers other rejuvenating benefits.

The Healing Earth treatment promotes relaxation and uses purified mud to deep cleanse the skin and assist in combating the common anti-aging signs.

There's also the Rock On! Energy removal which helps with rheumatism, joint, phlebitis and muscle tension as it activates micro-circulation and stimulates the lymphatic system to promote detoxification.

You could go for the Dead Sea Mud treatment that uses pure dead sea mud enriched with minerals with traces of vitamins to relieve tension, cracks, and tired and painful joints for complete relaxation.

Pampering wraps

Those looking for a snug, pampering fragrance should try the body wrap treatments.

The Ocean Goddess Body Revivament uses fennel essential and laminaria diatoms seaweeds as a wrap which stimulates blood and lymphatic circulation, and offers relief for muscle stress and fatigue.

If you're looking to invigorate, try the Signature Seaweed Leaf wrap which envelops your entire body with the finest seaweed hand-harvested from the ocean to ensure your body gets the highest content of bio-actives.

This exfoliating wrap helps to detoxify, firm and tighten the skin and is used in weight-loss programmes as well.

Other body wraps include the Moroccan Paste that helps hydrate, detoxify and promote cell renewal and Temple Me Up, which is an anti-aging and anti-cellulite body wrap that helps to improve suppleness and elasticity of the skin.

Stress relief

To soothe tired muscles and our rising stress levels, the La Suite's Stress Relief massage enhanced with the use of seaweed massage oil helps soothe deep tissue and muscle tension, and revive our energy levels.

The Seaweed Hot Stone massage offers a dual action remedy – the heat from the smooth riverbed body massage and helps the seaweed to release its precious catalyst to key parts of the body.

Wellness restoration

Treat your body to the magic of Wellness Aesthetics treatments to help you eliminate unwanted weight in your body.

The treatments include the Aromas Detox, Aromas Total Body and Herbal Bath that use a European heated chamber infused with the choice of herbs from rosemary, chamomile and

lavender.

There's also the LPG exclusive treatments the LPG Detoxing that uses a two-in-one formula to reduce venous flow and skin suppliance and the LPG Reducing Fat-Loss therapy to help massage and stimulate reflex points to release stored energy. As a result, the body quickly reabsorbs and adapts to the time change.

Intensive massages

For a more intense experience, La Suite offers the Swedish massage – an aromatherapy relaxing massage that adopts smooth, gliding strokes and kneading to promote complete body relaxation and rejuvenation.

Then, there's the Signature massage which incorporates finger pressure and stretching techniques on the body's pressure points, reflexives and energy channels, to activate body stiffness, muscle pulls, anxiety and energy congestion, while promoting and restoring the balance of chi or energy.

If you want to experience both of these massages, opt for the La Suite Signature massage which combines both massage techniques in one session, to provide deep tissue and muscle tension relief. It helps to improve your circulation and energy level, yet leaves you feeling totally relaxed and reset.

Slimming or reshaping

La Suite also offers a range of treatments that include the Aromas Slim, Body Contouring by Aromas RF, Body Reshaping by alpha ultrasound, LPG Lipo massage – Slim and Tone, and LPG Lipo massage – Body Firm. Meanwhile, men can indulge themselves in a LPG Lipo massage which is designed especially for them.

This body sculpting treatment is applied to specific problem areas like the torso, pectorals, abdominal muscles and back.

Facial treatments

The La Suite's specially-designed Corrective facial treatment is a full-face massage that is specially tailored for both men and women.

The stimulating treatment is applied to the face and neck area which helps drain toxins and purify the skin as oxygen is circulated throughout the oxygenated and refreshed tissues to brighten the skin complexion.

And if losing your skin's elasticity has been a worrying problem, then the Collagen Aesthetics serum provides an alternative to surgical procedures.

It uses a non-invasive, state-of-the-art technology to produce new



La Suite treatment room



Facial treatment



Hot tub

collagen to treat skin imperfections for a smoother and younger-looking appearance. This is also available for the neck area.

The LPG Endermatix is an advanced anti-aging technique for the face, eyes and neck areas. The treatment helps to tighten the skin tone and compact, undoing signs of aging.

Tired and dull complexions are revived by re-oxygenating the skin and re-creating the natural production of collagen and elastin.

There are also other gentle facial treatments that target a host

of facial needs such as the Reviving Facial and Nourishing Detox Facial. These gentle facials are also available for men.

To complete your total body pampering and nourishing experience, and the sessions with the manicure and pedicure services, or the mani and pedi spa.

There are also foot lifting therapies, reflexology, aromatics and body exfoliation treatments to satisfy your needs.

For appointments or more information, call 69-232 588 or visit www.thechateau.com.my



Body treatments



The manicure and pedicure spa