

asiaSpa

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THE ADVENTURE ISSUE

THERAPEUTIC BODYWORK DEFINED
ASIA'S BEST ATHLETIC RETREATS
HOW TO... OVERCOME FEAR

ENIGMATIC **BEIJING**
JAKARTA'S FINEST SPAS
CHILLING IN **HAWAII**

+ **INSIDE**
BALI'S COMO
SHAMBHALA

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Hong Kong, China HK\$48 • Singapore S\$8 • Inc. US\$11
Malaysia MY\$20 • Thailand TH\$20 • China Rmb\$20
Philippines P\$30 • Indonesia Rp\$4,000 (Inc. Tax)
Australia AU\$20 • New Zealand NZ\$20 • Japan J\$200 • South Korea K\$200
Spain €3.00 • India IN\$200 • USA US\$11 • Rest of World £7





The Chateau

A STAY AT The Chateau, Malaysia's first spa and organic wellness resort, is guaranteed to be a memorable one.

Modelled after an 18th century Haut Koenigsbourg castle in Alsace, the resort boasts over 200 elegant rooms and spa suites, creating an atmosphere of luxurious comfort and wellness, further enhanced by the spa and total wellness treatment programmes.

La Sante Organic Wellness Spa is the first destination spa in Asia that embraces European spa ideology and technologies. The spa offers an unparalleled European thermal facility, which includes a Herbal Bath (herb-infused sauna), Salt Grotto or Mud Chamber and an Aquavesta heated bed with automatic body exfoliation facilities. Integral to the wellness experience, the spa consists of specially-designed packages of three, five and seven night wellness retreats where guests undergo specially-tailored daily fitness and wellness programmes designed to meet individual needs and health goals.

Guests can also partake in meals at L'Assiette, the Michelin standard French Fine Dining restaurant, La Vie – all-day-dining that offers an excellent international selection, Belle Vue – the perfect location for afternoon tea with a breathtaking view from the terrace and for lounge-lovers, there is C'est Bon, the lobby lounge and salon where guests can enjoy a huge selection of organic and non-organic wines, cocktails and a varied selection of cigars.

Advocating a lifestyle approach to personal wellness, The Chateau is the ideal health retreat with unsurpassed standards that seals a guest's promise to return.



The Chateau
Spa & Organic Wellness Resort

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