

# BRIDES ABROAD

Issue 5

WEDDINGS & HONEYMOONS

# 43

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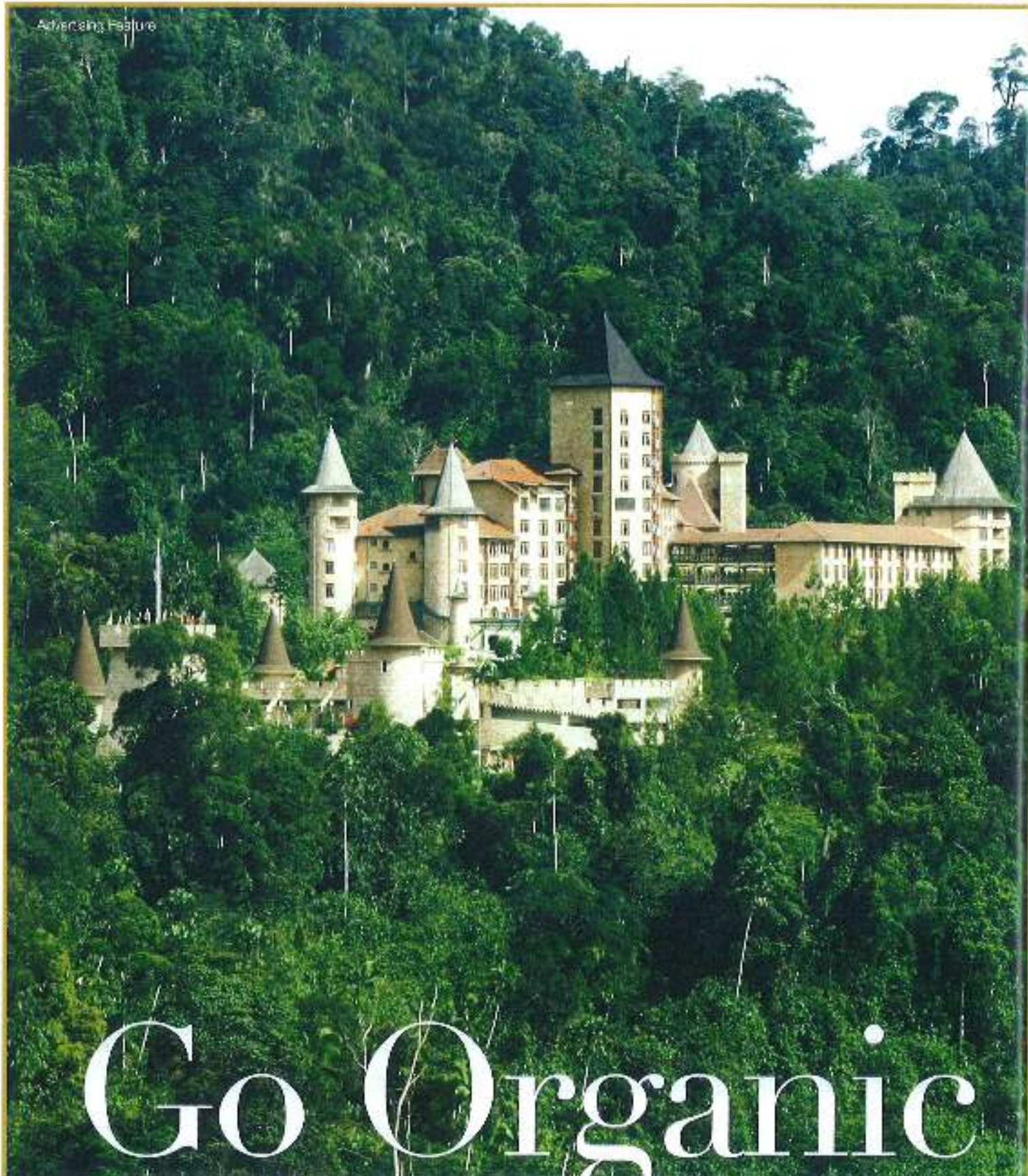
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# Go Organic

## at The Chateau

Honeymooners can kick start a healthy married life together at the world's first Organic Wellness Destination Spa Resort in the tropical rainforests of Malaysia



Couples looking for a sublime spa honeymoon of harmony and tranquility to unwind after the stress of their wedding need look no further than The Chateau – an exotic luxury haven for the ultimate pampering experience.

Rising majestically amidst a 160-million-year-old tropical rainforest, The Chateau, nestled serenely on the Jeraya Hills, Malaysia, is the world's first organic wellness spa resort offering health and wellbeing enrichment. Modelled on an 18th century Medieval 'Heut Koenigsburg' castle in Alsace, France, The Chateau boasts 200 elegant rooms and suites in which to totally relax and switch off from the world.

The Chateau opens the doors for those who are new to a destination spa experience as well as spa aficionados, offering an idyllic haven in which to explore the path towards total wellbeing. It provides an intimate experience for newweds to share as they relax in harmony together at the beginning of their journey into married life.

For its discerning clientele, The Chateau is a premier spa destination where guests can expect the highest and uncompromising levels of service in their quest for a lifestyle transformation. It offers a complete, luxurious organic experience - where guests are bestowed with the finest, yet most splendid array of organic produce, from renowned organic toiletries to organic linen.

## Organic nourishment

The Chateau also prides itself on providing organic gourmet dining experiences that will delight even the sharpest of palates. Selecting only fresh produce that is nurtured by hand from its own ecologically grown gardens, The Chateau's team of epicurean specialists create gastronomic menus that are inspired by wellness, enabling guests to savour the taste of exquisite organic wines and beers alongside fresh organic fruits and delights.

## La Santé, the Organic Wellness Spa

The Chateau's La Santé is a European-inspired state-of-the-art organic spa, which is an integral part of the resort's wellness offering. The spa's team of intuitive spa therapists deliver personalised treatments and programmes that are designed to meet individual wellbeing needs, ranging from body pampering, beauty, stress relief, body cleansing, fitness, weight loss, couple rituals, pre and post natal and special programmes just for the man. The spa is also the first in Asia to offer European thermal facilities, including a heron-infused sauna chamber, salt grotto or mud chamber and a Soap Brush/Aquaveda heated bed with automatic body scrub facilities.

Apart from the extensive range of spa treatments, spa guests are offered a professional nutrition consultation and diet plan and are encouraged to incorporate a fitness regime into their everyday life as part of their path towards a complete wellbeing.

## Philosophy

Advocating a lifestyle approach to wellness in a non-regimented way is the mainstay of this magnificent resort, where couples will leave feeling relaxed, invigorated and with a definite promise to return. With the resort's quintessential focus on progressive wellbeing and vitality, The Chateau is not only a retreat that embraces holistic ideas and relaxing principles but also one that defines the eminent journey towards wellness.

## Further information

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